QUESTIONS TO SUFFERERS

Questions we would like to know about your disease:

1. Do you use topical steroids and/or moisturizers?

How often?

Where of your body?

When did you stop using steroids? yyyy/mm/dd

When did you stop using moisturizers? yyyy/mm/dd

2. How long did you use Protopic?

How often did you use it?

Where of your body?

- 3. Have you taken Neoral or been injected with dupixent?
- 4. Are you taking any antihistamines?
- 5. Do you receive light therapy?
- 6. Are you taking any supplements?
- 7. How often do you take showers per day or per week?

How long do you take a shower?

Do you use soaps or shampoo?

- 9. Do you eat foods three times a day? Do you restrict any foods?
- 10. Do you have wheel or asthma after eating bread or any other foods?
- 11. How much do you drink liquids per day?

Do you drink liquids before going to bed or at midnight?

What kinds of liquids do you drink?

- 12. Is the color of your urine yellow, clear, or dark yellow?
- 14. Do you exercise?
- 13. Do you sleep during day time?
- 19. Is your skin bright red or darker red?
- 17. Do you have fissures on the back of knee or ankles?
- 8. Do you scrape off ooze or crusts?
- 18. Do you protect your wounds with gauze?
- 15. Do you have any psychological stress?
- 16. In what situation, do you feel strong itch?

Your clinical photos are helpful. Please attach no more than three photos,